

# Make 2015 different

“Twenty years from now you will be more disappointed by the things you didn’t do than by the ones you did. So throw off the bowlines. Sail away from the safe harbour. Catch the trade winds in your sails”. (Mark Twain)

## EXPLORE, DREAM, DISCOVER

This 2 day career programme offers you the chance explore what makes you tick, what you want for yourself, what you are good at and what gets in the way. The result? A clear vision of what is absolutely right for you and a plan for how to create it.

### Comments about this course:

- ✓ “Even after the first day, everyone left at least a foot taller.”
- ✓ “I have definitely felt more positive and confident since the session so something has worked! Now feel I have a direction, whereas before I was lost at sea!”
- ✓ It is not an exaggeration to call it a life-changing experience.”

### The Detail:

- ✓ Friday 23<sup>rd</sup> January and Tuesday 10<sup>th</sup> February (10am - 3pm)
- ✓ These are small (up to 12 delegates), experiential workshops with interesting and engaging exercises to draw on **your** own innate resourcefulness - no role plays!
- ✓ All our MU facilitators have senior leadership **experience** from industry as well as professional coaching expertise.
- ✓ We opt for **lovely** locations – this time we are in a gorgeous rural setting: **Plaistow, West Sussex, RH14**
- ✓ Cost for the 2 days: £175 +VAT
- ✓ Refreshments and scrumptious lunch included

To find out more or book your place:  
call **Tracy Bertran** on **01403 752267**